



## **The Secrets of Successful Teams**

This interactive session allows delegates to further explore some key aspects of their role within a team. It provides an opportunity for some deeper reflection on how human beings interact with each other. In a facilitated environment, most of the learning is done by increasing self-awareness and developing empathy for others.

### **Learning Aims**

By the end of the session, delegates will be able to :

- explain their preferred working style and their understanding of the preferred working style of other people
- describe the reasons why certain people within a team may get on well or not so well together
- demonstrate some additional techniques to get the best out of themselves and every team member

### **For Whom**

This 3-hour session is designed for anyone who wishes to develop or refine the skills needed for either performing well within a team or for managing a high-performing team. It is a refreshing thought-provoker both for people who have been part of a settled team for a while and for those who have recently joined a new team.

### **Content**

Pre-session work : Self awareness questionnaire  
Characteristics of successful and unsuccessful teams  
Individual working styles  
How different working styles interact  
The success trap  
Tactics for overcoming conflict within teams  
Harnessing the power of the team - strength in diversity  
The power of positive thinking, an inspirational vision and goals  
The real meaning of assertiveness